

Mulliken Counseling Center Now Offers Family And Couples Counseling

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Therapy Clinic, Mulliken Counseling Center, occupying an office space in JGM Properties' Pakwa Business Park, now offers complete counseling services for individuals and families.

Mulliken Counseling Center (MCC,) is a licensed counseling center conveniently located just 2 blocks west of highway 100 on Edina Industrial Blvd. in Edina. Mulliken Counseling Center offers individual, family, trauma, and couples therapy and accepts most major insurances, cash payments can be adjusted to meet client's financial needs.

Services provided at MCC include counseling for marital/relationship problems, depression, family issues, anxiety/stress/feelings of panic, eating disorders/body image issues, ADHD, adolescent issues, behavioral/emotional problems with children, parenting issues, and psychological testing.

"Everyone needs someone to talk to, and keeping it all inside is not healthy. When we go through hurt, confusion, and struggles in life, we need help and encouragement. We need to be heard and understood," says owner Todd Mulliken.

Todd Mulliken, MS, LPCC is a counselor, author, and speaker. He received his Master's degree in counseling in 1984 from St. Cloud State University in St. Cloud, Minnesota. He has been employed as a counselor and clinic administrator in the counseling field since 1984. Todd speaks at a variety of venues including schools and churches, on a number of topics related to the field of mental health.

Todd has written 3 books: "The State of Affairs...Why They Happen and how Love can be Restored," "All the Best for Couples...5 Ways to Bring Out the Best in your Spouse," and "All the Best for Parents...5 Ways to Bring Out the Best in your Children."

Professional counseling enhances relationships and opens up lines of communication. Family therapy and marriage counseling also reduces the chance of problems becoming worse, and relationships drifting,

becoming damaged, or ending in divorce. Research has found that professional counseling improves relationships and the physical and mental health of family members is significantly improved.

JGM Properties owns and manages Pakwa Business Park, as well as 23 other suburban Minneapolis warehouse, and office space properties. Founded in 1980, JGM Properties works with over 400 tenants, including Mulliken Counseling Center to provide office, warehouse, and retail space for lease in Minnesota.

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For more information about Mulliken Counseling Center, contact the company here: Mulliken Counseling Center
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