

# Blooming Lotus Yoga Announces the Drops of Nectar Podcast Release

December 30, 2019

Blooming Lotus Yoga, a Yoga retreat center in Bali, Indonesia, is excited to announce that they have started a podcast. [Apple Podcast users can listen to the podcast here](#). The podcast, titled Drops of Nectar, is a satsang, or spiritual discourse, with Ramananda Mayi, the founder of Blooming Lotus Yoga and a teacher of yoga and Vedanta. Each episode is a dharma talk given by Ramananda Mayi, recorded live during the intimate silent meditation retreats held at Blooming Lotus Yoga. The retreat center started this podcast so that people around the world can learn about the Vedic Dharma, which they believe will help people live happier, more awakened, and more compassionate lives.

Ramanada Mayi is the author of a book trilogy titled “Essential Teachings of Yoga, Tantra and Vedanta”, which also covers the topics taught in the podcast. The first book, The Way of Oneness, covers the teachings of Vedanta. As the description on the book’s webpage says, “Illuminating, inspiring and insightful, The Way of Oneness reveals a profound way of perception that can rapidly transform your life towards the experience of true happiness and freedom.” Vedanta is one of the six schools of Vedic philosophy, and literally translates to “end of the Vedas”. Vedanta talks about knowledge and liberation, and suggests that a person can become enlightened through knowledge of the Supreme Self. The Upanishads, the Bhagavad Gita and the Brahma Sutras constitute the basis of Vedanta. All schools of Vedanta propound their philosophy by interpreting these texts, collectively called the Prasthanatrayi, literally, three sources. All major Vedantic teachers, including Shankara, Bhaskara, Ramanuja, Nimbarka, Vallabha, Madhva, and Swami Bhadreshdas have composed commentaries not only on the Upanishads and Brahma Sutras, but also on the Bhagavad Gita. The Bhagavad Gita, due to its syncretism of Samkhya, Yoga, and Upanishadic thought, has played a major role in Vedantic thought.

