

Revival Products, Inc. Announces New Soy Protein for Weight Loss Range

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Revival Products, Inc. has announced a new and improved range of soy protein products to help people achieve their desired weight loss. Many people are aware of some of the benefits of using soy protein, but not everyone knows of the benefits of using [soy protein for weight loss](#).

It has been well reported in the media in recent years of the healthful benefits to be had from soy, for example, but there are studies that have shown that people consuming soy products felt full faster and stayed full longer. Obviously, for anyone trying to lose weight, this is a real bonus.

Soy is also a complete protein and many vegans and vegetarians use soy for that reason alone; as a protein/meat replacement. But it is not just vegans and vegetarians that can benefit from using soy protein products.

At one point in time soy was only available as a chalky, somewhat distasteful slurry. In 1996, the owner of Revival Products, Dr. Aaron Tabor and his mother, Suzanne Tabor began to work together to find a way to create soy products that not only had health benefits for women in menopause but which also tasted great.

His mother had been suffering from menopausal symptoms so that is where they started working. While working on their formula to minimize her discomfort, Suzanne noticed that while using the Revival formula for her symptoms, she also lost weight. "I've got a slim waistline that I love," she said at the time. As a result of this, Revival started to explore the possible use of [soy shakes to lose weight](#) and subsequently introduced a range of products which quickly proved very popular.

Amie H. said in her testimonial which can be found online, "I started getting into soy to help with my husband's weight loss regime. I started to use it. Not only have I enjoyed the shakes, bars, and nuts, Revival Soy has helped me lose all of my pregnancy weight. As a matter of fact, I weigh less now than I did before I got pregnant. It has also helped my husband lose the 15 lbs. he needed to lose to qualify for entry into the Army."

Amie is far from alone in feeling this way about Revival's soy weight loss products. There are many, many, other testimonials and reviews available on Revival's website.

Although weight loss is perhaps one of the most common uses that people think of when considering soy, that is certainly not all that soy can be used for. Interesting and ultimately revealing demographic studies of women in Asia showed that approximately 10-20% experienced mid-life hot flashes.

This is in marked contrast to women in western countries where the figure was significantly higher at approximately 80-90%. The difference in these statistics is thought to be due to the very different diets each demographic has. Women in Asia eat a diet that is rich in soy and women in the western world do not.

Menopausal discomforts can vary considerably from woman to woman. Discomforts can include both hot flashes and night sweats. Hot flashes are sudden feelings of intense body heat and they can occur during the day or the night, or even both. Night sweats are the periods of heavy sweating that are associated with nighttime hot flashes.

Research studies have shown that [soy shakes for hot flashes](#) for women can significantly improve the discomforts experienced. To that end, Revival has created a range of flavored soy shakes with perennial favorites such as vanilla, chocolate, and strawberry, and plain available. For the more adventurous there is cappuccino, peach, and blueberry, and even more to choose from.

Voinda L., a Revival user said, "I was having hot flashes and night sweats. I see a tremendous improvement in that area already."

Anyone interested in reading more about the benefits of soy protein can visit Revival's website which contains more in-depth information as well as their store which offers all their available products.

Source: <http://www.pressadvantage.com/story/33072-revival-products-inc-announces-new-soy-protein-for-weight-loss-range>