

The Marriage Meeting Guide: How a Simple 30-Minute Weekly Meeting Can Transform Your Marriage Launched in Paperback and Kindle

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Authors Jordan Patrick Fowler and Amy Fowler have released [*The Marriage Meeting Guide: How a Simple 30-Minute Weekly Meeting Can Transform Your Marriage*](#) on Amazon as a [paperback](#) and on Kindle. The book provides a solution to the problem many couples have in talking about the foundational issues necessary for a healthy marriage.

The short book reveals ten simple-but-profound questions that successfully guide a weekly 30-minute conversation to improve intimacy and defuse arguments. The significance of each question is discussed, allowing each spouse to know why the question is essential to answer.

The authors share the story of how their weekly meeting came to be and the results of having the meeting.

“Before Amy and I got married, we received some sound counsel from a wise friend, and what a difference it has made,” Author Jordan Fowler states, “Amy as an elementary school counselor is an extrovert. She is very accustomed to discussing challenges and feelings. I am a processing introvert. The natural place for me to sweep feelings and challenges is under the rug, to avoid having to face and deal with them.”

"Our friend noted that if I, as her introverted husband, didn't take the lead in addressing our relationship, Amy might become resentful in the absence of such leadership. This advice led to the birth of the marriage meeting concept."

After sharing the meeting outline with friends and family, people requested the Fowlers turn their notes into a brief guide that could be shared. This release is the result of this request.

The book is available in paperback from Amazon for \$9.99. An e-book version is available for Kindle for \$6.00. Readers with Kindle Unlimited can view the e-book for free.

The book also features a corresponding website, <https://themarriagemeeeting.com> that offers additional marriage wisdom and marriage meeting tips.

Amy Fowler is a counselor at a Texas elementary school where she has served 13 years. She holds a Master of Education for School Counseling degree and previously taught children with behavior modification needs.

Jordan Fowler is CEO of the Moon & Owl Marketing agency. He previously served as a nonprofit communications director and teaching pastor. He holds a Master of Divinity degree.

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