

New 200 hr. Bali Yoga Teacher Training Courses in Ubud Are Now Open For Registration

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In [the latest Bali yoga teacher training news](#), a yoga teacher training studio in Ubud, Bali now has 200 hour Yoga Teacher Training courses available for registration. Blooming Lotus Yoga, one of Bali's unique yoga retreat centers, is currently accepting applications for courses beginning in April and August of 2020. These courses are full yoga teacher training courses that certify successful students for teaching in yoga studios around the world. The three week course includes hours of classes each day, and students are also provided with accommodations and vegan meals throughout the program. It is a gorgeous location to learn more about yoga and train to become a yoga teacher, and the program provided by Blooming Lotus Yoga is among the best. Students get to live in luxurious villas with other dedicated students, and enjoy the energy of the river and temple, locally regarded by the Balinese as holy and powerful places.

Yoga courses at Blooming Lotus Yoga, both for teachers and for less experienced students, focus on a goal of spiritual Self-realization. They focus on providing yoga teacher training courses that are steeped in ancient tradition and esoteric knowledge, allowing students to experience authentic yoga and explore the essence of meditation, pranayama, asanas, mantra, tantra, vedanta, ayurveda, vedic astrology, yoga nidra, mudras, bandhas, chakras, kriyas, and self-inquiry. The courses teach both the physical aspects of yoga as a practice of movement, as well as deepening student's understanding of the spiritual practice of yoga, and preparing them to share their beliefs and their yoga practice with students and others they encounter in their lives.

