

# Counselling Service In Calgary: New Counsellors Available For All Therapy Needs

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[Living Well Counselling Calgary](#) (LWCC) is proud to announce several new counsellors that are now available to take on new clients. The counselling service based out of Calgary, Alberta prides itself on its ability to provide the best care for its clients, which is why more counsellors have been brought on to the LWCC team.

The newest Living Well counsellors have met the same requirements that all previously hired counsellors have been required to meet. In Calgary, almost anyone can use the title of “counsellor,” but LWCC asks more of their own employees. Clients can be assured that all Living Well counsellors have a Masters degree, a certain number of hours of experience in the field, and must belong to a professional association, such as the Professional Association of Christian Counsellors and Psychotherapists, that regulates their practice. Living Well has taken the time to find counsellors, both old and new, that meet their criteria because they want the best quality of treatment and therapy for their clients.

With the hiring of new counsellors, Living Well continues to deliver diverse [counselling services](#) for their equally diverse clientele. Both the new and long-standing counsellors have their own specialties, such as Christian counselling, spiritual direction, holistic counselling, and Muslim Counselling. This quality allows the practice to better meet the needs of their clients, as well as better their ability to match clients with counsellors who have similar backgrounds and values.

The service now has many different types of healthcare professionals. This range of professionals, including Registered psychologists, provisional psychologists, registered social workers, and certified professional counsellors allows Living Well to find the clinician with the best experience and expertise in the area that a client needs.

“When I first met my Living Well counsellor I was in a very bad place in my life, and was not able to function on my own,” said client Roshni. “My counsellor was a perfect match for me and was with me every step of the way. She gave me the tools to live the happy, healthy, and well balanced life I now lead.”

Due to the diversity of their clinicians, the counselling service is able to provide treatment or therapy for a number of problems. Individual, couple, and group therapy are all offered, as well as treatment for pathologies such as addiction, anxiety and stress disorders, depression, PTSD, eating disorders, and many more.

Depending on what services are needed, [Living Well Counselling Calgary](#) offers telephone counselling along with their more traditional in-person counselling. While telephone counselling is not conducive with certain disorders, many people are still able to greatly benefit from therapy conducted over the phone. This is a perfect solution for those who don't live near any of the three Living Well locations in Calgary, travel often, have difficult work schedules, can't afford traditional counselling, or

are simply more comfortable opening up to a clinician over the phone.

Those who are interested in the services offered by Living Well Counselling Calgary may wish to avail themselves of the practice's free, no-obligation consultations. During this consultation, the potential client will describe any issues they may be having, as well as what they hope to achieve with therapy. The counsellor will then describe their own approach to therapy and help educate the client on any interventions that they think will be helpful. This consultation is incredibly important to the counsellor-client therapeutic relationship, and ensures that Living Well Counselling Calgary is a good fit for them. If not, the practice will give the individual a referral to another counselling center.

Those looking to get in touch with the counselling service may contact Jennifer Watts, of Living Well Counselling Calgary. They may also get more information about the practice, and view a full list of the services offered, on their main website, and find the addresses and driving directions for Living Well's three Calgary locations, as well as contact details and business hours, on their website's homepage.

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