

# Bug-B-Gone Pest Control Shares Tips to Avoid Mosquito and Tick Bites

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Bug-B-Gone [Pest Control](#) recommends several ways to prevent health threats associated with [mosquitos](#) and ticks. They recommend that people always apply an insect repellent containing DEET, picaridin, IR3535 or oil of lemon eucalyptus when spending time outdoors and reapply as directed on the label. People should also wear long pants, long-sleeved shirts and closed-toe shoes when outdoors. Choose light colored clothing that makes it easier to spot ticks and other insects.

Reduce the amount of time spent outside during dusk and dawn when certain types of mosquitoes are most active, the company says. Keep grass cut low, as ticks are found in high grass. Remove weeds, woodpiles and debris.

The company suggests eliminating areas of standing water around the home such as flower pots, birdbaths, baby pools, grill covers and other objects where water collects. Mosquitoes need only about a ½ inch of water to breed.

Always inspect carefully for ticks after being outdoors. If there is concern about ticks or mosquitoes on the property, contact a licensed pest professional.

Mosquito bites can be very uncomfortable. There is a component in the insect's spit that causes the small itchy welt. For those who are highly sensitive, symptoms can last for several days. It is best not to scratch the insect bite. Scratching creates openings in the skin that allow bacteria in and cause infection.

The affected area should be washed with soap and water. Apply calamine lotion or anti-itch cream. For moderate to severe reactions an over the counter antihistamine can be taken. The company states that if a bite causes fever, vomiting, or shortness of breath, call 911 or get to an emergency room immediately.

Source: <http://www.pressadvantage.com/story/24261-bug-b-gone-pest-control-shares-tips-to-avoid-mosquito-and-tick-bites>