

Source Of Health And Dr Sorr Nominated For The Best Alternative Medicine Category

October 22, 2018

[Source of Health](#) and Dr. Steven Sorr have been nominated for the Best Alternative Medicine category in the Best of our Valley Awards in the Valley of the Sun, Phoenix, given by the Arizona Foothills Magazine. This is the magazine's annual Best Of Our Valley Web contest, running from October 1 to November 30, 2018. The total votes will be counted for each nominee and the one with the highest number of votes will be declared as the winner for that category.

Dr. Steven Sorr himself says, "I'm very happy and excited to have been nominated for the award in the Best Alternative Medicine category. Our mission is to provide high-quality, patient-centered care focusing on natural therapies for pain relief, anti-aging, body contouring, and aesthetics. We are here for you every step of the way. In addition to in-office procedures, postural therapy, nutritional and lifestyle protocols are given to empower patients to be their own best healer."

The therapies offered at Source of Health really work has been attested by the positive reviews they have received from past patients. For instance, Russ C. gave the practice five stars and said, "Dr. Sorr stands out in a sea of mediocrity when it comes to physicians, both conventional and naturopathic doctors. He shines like a beacon for a lot of reasons but the most important to me is because he "cares". He cares about my health and spends time listening to me and asking probing questions to get to the root of what my issue is. I have a chronic lower back issue and the therapies and treatments he has used on me have made a tremendous positive difference in how I function day to day. I researched all doctors in Scottsdale and Phoenix and chose Dr. Sorr based on that research and I'm glad I did. He uses regenerative medicine that helps the body help naturally. I don't believe in synthetic drugs and this aligns with Dr. Sorr's philosophy. If you are suffering and have any kind of pain, do yourself a favor and make an appointment to see Dr. Sorr, you won't regret it!"

Dr. Sorr explains that they are deserving of the [Best of the Valley](#) award in the Best Alternative Medicine category because what they do is treat the root causes of disease and not just the symptoms. By applying a number of advanced types of diagnostic tests, asking the appropriate questions, and listening to their patients, the doctors at Source of Health are able to determine the root causes. He points out that regenerative medicine is the main focus, which allows patients to live the best life with the help of advanced and non-surgical therapies that stimulate the body's natural healing mechanisms. The usual tools for regenerative medicine are prolotherapy, regenerative stem cell therapy, hormone replacement therapy, PRP injections, and IV infusions.

Regenerative stem cell therapy is usually offered for those who are suffering from chronic joint pain because of advanced degenerative damage, such as ligamentous laxity, meniscal tears, and cartilage loss. The stem cell treatment uses the patient's own stem cells from fat tissue, which stimulates the damaged meniscus, ligaments, tendons and cartilage to heal. The natural healing process is further enhanced by combining stem cell treatment with Platelet Rich Plasma (PRP) therapy.

PRP injections do not require surgery and are used for chronic musculoskeletal pain. The injection is

made up of growth factors that are found in the patient's own blood platelets. PRP injections are often used in sports medicine and orthopedics. This is because this treatment can help heal injuries to soft tissue, such as muscles, joints, tendons, and ligaments.

Meanwhile, dextrose prolotherapy involves the injection of a natural solution that boosts the patient's ability to heal damaged cartilage, tendons, ligaments, and more. It should be pointed out that prolotherapy does not use the steroid cortisone.

Dr. Steven Sorr is a well-recognized physician who has been featured in local media and has spoken various events with regards to his knowledge and expertise for living a healthy life without drugs or surgery. He has been teaching yoga since 2007. He focuses on joint health, alignment, and posture. He is a licensed naturopathic medical doctor with advanced training in regenerative medicine, bioidentical hormone replacement, and functional medicine. He obtained his doctorate from the Southwest College of Naturopathic Medicine, his BS in Biological Sciences and Associates in Business from Arizona State University.

Those who need more information about Source of Health or Dr. Sorr, or want to set up an appointment, can visit their website.

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