

Aloe Vera Gel May Be Effective in Treating Toenail Infections

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Irwindale, California: Perfect Nail Solutions has released new information regarding the possible effectiveness of aloe vera gel as a natural [nail fungus treatment](#).

Toenail fungal infections or nail onychomycosis is a nasty form of infection that is both persistent as well as recurring. It occurs more often in men as compared to women and roughly affects up to 10% of the world population at any given time. According to Allen Farrar, spokesperson at the company, "Due to the embarrassing green nail syndrome caused by toenail infections, the condition is often hidden and not diagnosed or treated properly, leading to further complications. It is important for people to recognize that this is a serious infection that warrants medical treatment."

Aloe vera gel is one of the naturally occurring plant products that may be able to effectively heal nail onychomycosis. It has powerful anti-fungal properties that can help fight all kinds of bacterial infections, both within the body as well as outside of it.

When aloe vera gel is consumed as a liquid, it increases the count of white blood cells within the body which are responsible for fighting off any infections that might occur to a person. In an article published in the Immunopharmacology and Immunotoxicology Journal of 2011, it was found aloe vera significantly increased macrophages, the type of white blood cells that fight yeast infections.

Furthermore, the gel reduces the acidic content of the body and makes it more alkaline. Because bacteria and fungi thrive in acidic environments, consuming aloe vera gel can increase one's immunity to infections. One way in which toenail infections can be treated is by adding aloe vera gel to a glass of water and consuming it as a juice.

Aloe vera gel can also be used as a topical treatment. A 2011 study conducted by All India Institute of Medical Sciences found that a purified protein from aloe vera leaf gel had potent anti-fungal activities. It can thus be applied to the infected toenail area for treatment.

Perfect Nail Solution has developed a unique 2 step fungal treatment for [toenail infections](#) that is made using pure essential oils. To learn more about the product, visit Perfect Nail Solution's official website or check out its storefront at the Amazon Marketplace.

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