The Health Benefits of Pet Ownership

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The Pet Spa at Soap.Club, an international supplier of premium quality natural pet shampoo, based out of Vaughan, Ontario, Canada, announced The Health Benefits of Pet Ownership as the newest segment of their 2017 Spring Pet Awareness Campaign. The campaign began March 2nd, will run until May 1, 2017, and is designed to champion pet owner awareness, all in an effort to augment, enhance, and improve the lives of our most loyal companions.

There are proven health advantages to owning pets and one’s health can be improved in terms of physical health benefits as well as psychological growth, and emotional improvement by having pets. Jack Widmer, manager of the Pet Spa at Soap.Club, says “evidence has shown that pet owners tend to be healthier than the average person.” For over 25 years research has shown that there are several ways that living with a pet can keep one healthy.

Socialization / Keeping Active

Pets act as social catalysts, pet owners are also better at dealing with stressful events, which helps them avoid anxiety-related illnesses. Therapy pets encourage mobility, socialization, and interpersonal contact with patients. Children with dogs spend more time doing moderate to vigorous physical activity than children without dogs, and adult dog owners were more likely to participate in mild to moderate physical activity, walking an average of 100% more minutes per week compared with non-dog owners.

Early Ailment Detection & Physical Health

Investigation shows that male pet owners have less sign of heart disease, and lower cholesterol & triglyceride levels than non owners and according to several studies, heart attack patients who have pets survive longer than those without.

Researchers have begun utilizing the canine nose as a tool in detecting illnesses in human beings. These canine practitioners have an 85% success rate of detecting cancer and alerting doctors not only to which patients are afflicted, but the location on their bodies where cancer exists. Amazingly they call smell cancer ‘in situ’ (with-in the site of original origin -or at stage 0) resulting in early treatment and lives saved.

Some dogs detect low blood sugar levels and can be trained to display behavioral changes when their owners’ blood sugar drops, sometimes before patients themselves were aware of it. When detecting falling glucose levels, they nudge their owners onto eating.

Reduced risk of eczema and skin conditions

There is sometimes concern that having a pet around an infant can cause a skin allergy such as eczema or allergy reactions. In fact, preliminary research showed that young children were significantly less likely to develop eczema at an early age if they began mingling with dogs at infancy. The Journal of Pediatrics published a study in 2011 that followed 636 children and found the rate of
eczema was lower among kids who lived with a family dog. In fact, even for kids sensitive to dog allergens, having a dog did not increase their risk of developing eczema. Children tested had higher levels of some immune system chemicals, a sign of stronger immune system activation. Further, if a dog lived in a home, infants were less likely to show pet allergies –19% vs. 33%.

Even types of cats and dogs considered ‘hypoallergenic breeds' still produce certain allergens that more sensitive people can react to. According to Widmer, “The proprietary formulation of The Pet Spa Hypoallergenic Pet Shampoo and Conditioner is 100% biodegradable and rich in vitamins and antioxidants, there are no toxic chemicals that dry out the pet’s skin and coat as found in commercial pet products. We developed our natural oatmeal pet shampoo and conditioner with natural ingredients so there are no worries of allergic reactions or harmful ingredients that could hurt our furry friends, and to provide pet parents with pre-disposed skin conditions the joys of having a loyal companion while keeping their allergic reactions to a minimum.”

There are a number of sites available on-line that show how living with a pet provides certain health benefits to their human companions. Pet parents may consider investing in dog and cat behavioural guides to teach them how to better understand their best friend.

Those interested in learning more of the health benefits of natural hypoallergenic pet products can visit Soap.Club online. The company is committed to always improving their range of natural pet grooming supplies, and they encourage everyone to check their website regularly for any new developments. The Pet Spa natural pet shampoo is currently available on Amazon, where it has attracted a significant level of positive reviews from customers hailing its effectiveness.